



July 4, 2011

IVHInsights

Employee Services

by Penny Cutler-Bermudez

We are about to begin a new fiscal year, so beginning June 24, 2011 all AFSCME and IUP covered employees will receive a 2% raise. IPERS rates on wages paid after July 1, 2011 will increase from 4.5% to 5.38% for the employee and will also increase for the employer from 6.95% to 8.07%.

Please be aware that the Personnel staff spends a tremendous amount of time contacting people to receive leave slips. Please note that **any time** you miss work time, there must be a leave slip accounting for this time. Also **any time** you miss a punch, there must be a slip to reflect this missed punch.

Please turn these slips in immediately to avoid further follow up. We appreciate your assistance with this.



IVH Events Benefit the Community

It's official – the three IVH staff that received a “Pie in the Face for the Cancer Race” are:

Carl Trask	522 (new record)
Steve Messer	210
Amanda Thill	182

The chance to “deliver” the pie was auctioned off on June 21 in the Malloy courtyard (pictured above).

A big thank you to all our candidates – Connie Tribby, Laura Haugen, Angie Klinefelter, Vic Hubert, Barry Manz, and Lori Reed - as well as all the generous people who contributed by voting. **A record setting \$1203 was raised for the American Cancer Society.** Thank you all so much for your support.

IVH recently held the Annual Emergency Food Box Food and Fund Drive. **The result was 247 food items and \$4,167 in cash donations.**

The all-volunteer nonprofit program is supported entirely by donations and Jackie Patterson, Co-Chair of the Food Bank Board says, “We are truly overwhelmed with heartfelt gratitude for the response from the IVH staff and residents. The items arrived during a time when our client numbers have been very high. We are truly thankful you have chosen to continue being a part of this ministry.”

IVH supports many area non-profit organizations and events with the time, talents, and contributions of employees, residents and volunteers.

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Welcome New Employees



Row 1 (L-R): Ashley Bringmann, Tabatha Terry, Rachel Carkhuff, Tiffany O'Neill, Amber Reed, Christina Roberts

Row 2 (L-R): Randy Keys, Kristi Callahan, Kara Rewerts, Sherri Elliott

Row 3 (L-R): Dillon Beenken, Amy Birkenholtz, Kendra Coon, Chelsea Kerr,

Row 4 (L-R): Tammy Willfong, Tiffany Scheid, Tara Blair, Kelly Sebastian

EMPLOYEE HEALTH by Patti Sharp

July TB Tests

All employees with July birthdays whose last names begin with letters M through Z are required to have a TB test. The test will be administered in Employee Health on the following date and time:

Tuesday, 07/05/11
6:15 AM to 8:30 AM
2:00 PM to 3:15 PM

The test will be read on:

Thursday, 07/07/11
6:15 AM to 8:30 AM
2:00 PM to 3:15 PM

If you need to make other arrangements, contact Teresa Keith at ext. #4507. Testing must be completed by the end of the month.



IVH Insights is a twice-monthly publication of the Iowa Veterans Home.

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Call ext. 4397 or
send to PR/Mktg Dept.

News from Continuous Improvement *by Shannon McIntire*

The nation is entering a new era of health care where patients and doctors can use electronic health records (EHR) to improve health and the way health care is delivered in this country. Electronic health records make it possible for you and your health care providers to better manage your care through secure use and sharing of health information. When using an EHR, doctors and other health care providers can have:

- More accurate and complete information about your health and health care
- The ability to better coordinate your care and your family's care, as health information can be shared electronically and in a fast and convenient way
- Information to help them diagnose your health problems, reduce medical errors, and provide safer care at lower costs

Privacy and security are vital to a successful switch to electronic health records. People's health information is protected under a law called the Health Insurance Portability and Accountability Act (HIPAA). The law gives patients the right to see or get a copy of their health records and sets rules about who can look at and receive patient health information. The government is continuing to develop rules about the privacy and security of personal health information.

Electronic health records can improve care by enabling functions that paper

medical records cannot deliver. For example:

- EHRs can make a patient's health information available when and where it is needed. Too often care has to wait because the chart is in one place and needed in another. EHRs enable health care providers secure access to information needed to support high quality and efficient care.
- EHRs can bring a patient's total health information together to support better health care decisions, and more coordinated care.
- EHRs can support better follow-up information for patients. After a doctor visit or hospital stay, instructions and information for the patient can be effortlessly provided and reminders for other follow-up care can be sent easily or even automatically to the patient.
- EHRs can improve patient and provider convenience. Patients can have their prescriptions ordered and ready even before they leave the provider's office, and insurance claims can be filed immediately from the provider's office.

The US Dept of Health and Human Services (HHS) is establishing programs to improve health care quality, safety, and efficiency through the promotion of health information technology (HIT), including electronic health records and private and secure electronic health information exchange. EHR's are here to stay.

Training Department News *by Wayne Pierson*

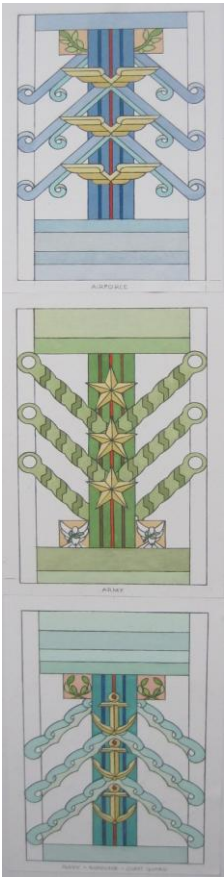
As we start the new fiscal year and training, here is an update on the Blitz and CPR training. The Blitz will be held each month on the first & second Wednesday. Culture Change was a one-year project and will not be held this year.

The theme for this year's Blitz is "Moments in American History" and is honoring the 10 year observance of 9/11. We have 2 staff that were directly involved with that event as LPN Jose Bastidas was living in New York City and Mark Minear went as a Red Cross volunteer in mental health counseling following the attack.

The CPR Recertification will be held from 2:35-3:50, but only in July-September. Anyone who certified in October-December last year will receive a memo describing their need to attend a class prior to October. This is due to changes in the program for recertification starting on October 1. If you attended CPR from January-June you have a two year certification and this change does not affect you. Contact the Training Office at ext. 4237 with any questions.

Facilities Management Department *by Kathy Shannon*

As you read this article, the Dock Day Room Expansion Project (*pictured below*) should be nearly completed and ready for use. Even as I write this, the contractor is working diligently to put the final touches on the Day Rooms so that residents can utilize the space by July 15. Many people have expressed their excitement at having this new space in Dock. The artist has submitted the design (*pictured left*) for the stained glass panels and explained that the designs represent air, land and sea. Everyone waits with great anticipation for the finished pieces.



The Fox building also continues to progress well. The follow-up punch list inspection for the interior has been conducted. The exterior inspections still must occur, but the commissioning of the equipment is occurring now. The exterior fencing has been removed so the landscaper can complete work around the buildings. The dead tree that was sheltering the duck and her nest is gone, but not before the ducklings hatched and moved on. It is nice that these buildings are the sign of new life on so many fronts!

The Dietary Floor Replacement project is almost completed. There will be about two more weeks for tile replacement that will occur the second week of July. The Dietary staff will utilize the dish room in the basement for those two weeks, so be aware there will be increased traffic in this area once again. The Malloy LRC has been repainted and the relighting project in that area is almost complete. The LRC will be available for use for the July Fourth holiday festivities. Thanks to everyone for their patience as the LRC was utilized for this project.

The lighting project in Malloy to convert the lights from the old T-12 bulbs to a more energy efficient T-8 bulb is just beginning. Maintenance will be replacing bulbs and ballasts in areas that are not frequently occupied and will work with each area to schedule the best time for lighting conversion in the occupied areas. Maintenance expects to complete the Malloy building by the end of December.

The Marshalltown Garden Club has completed a landscaping project in front of cottage # 4 (*pictured right*). The club removed the ragged looking shrubs from the front of this cottage and added some beautiful perennial plants and mulched the whole area. Thanks to the Garden Club for their hard work!



FOOD AND NUTRITION SERVICES

by Mark Freland

As we all know water is an essential ingredient in sustaining life, for both humans and plants. Even with water, however, there can be too much of a good thing. This spring we have had a little too much rain and it has delayed the progress of the planting and growth of our local fruits and vegetables.

Two of Iowa's greatest commodities, corn and tomatoes, have been slowed by the excessive rain that we have been getting. I have checked with two sources at the farmer's market here in Marshalltown and have been told that it will still be at least two to three weeks before we start seeing garden fresh tomatoes, and probably about the same before we start getting some real good sweet corn, which is a couple of weeks later than usual.

The good news here is this: the later we start to see fresh corn and tomatoes the later we will be serving them into the summer. So hang in there folks the good stuff will soon be on its way!

Diabetes Prevention Program

The Marshalltown Community Y is sponsoring a Diabetes Prevention Program which is a group based lifestyle intervention designed especially for people at risk of developing type 2 diabetes. Goals of the program are to reduce and maintain individual weight loss by at least 7% and to increase physical activity to 150 minutes per week. All individuals with a BMI of 25 or greater and have 2 additional risk factors or have a diagnosis of pre-diabetes are eligible. For more information contact Angie Paxson at the Community Y at (641) 752-8658 (ext 211). Brochures on the program are available in the IVH Employee Health Office.

Upcoming Events

Day	Date	Time	Event	Location
Mon	7/4		Independence Day	
Sat	7/9	8:00 am	Grimes Farm Run	Grimes Farm Cons Ctr
Sat	7/9	9:30 am	Paws & Effect Poker Run/Benefit Ride	Ron's Dawg House - DM
	7/13-17		Central Iowa Fair	Central IA Fairgrounds
Thurs	7/14	7:30 pm	Marshalltown Municipal Band Concert	Central IA Fairgrounds
Sun	7/17		Linn Creek Arts Festival	Fisher Comm. Center
Wed	7/20	9am-3:30 pm	Paid Nutritional Assistant training	Dack Bsmt Conf Rm
Sat	7/23-7/24		Marshall County Relay For Life event	MHS Track
Sat	9/17	10-11:30 am	Don Laughlin Music Festival	Malloy LRC



Announcements

Infection Control (Chris Barten's) office has moved to the Medical Clinic, exam room #6. You can continue to reach him at the current phone number – ext. 4533.



Thanks for the cards, memorials, thoughts and prayers from my IVH family upon the death of my daughter, Emily. Jack Huen.

A Farewell Retirement Coffee will be held in honor of Jane Linnenbrink, Clinical Nutrition Director who will be retiring after 27 years of service to the State of Iowa. The coffee will be from 1:30 to 3:15 pm in the Dack Dining Room on Thursday, July 7, 2011. Everyone is cordially invited to attend.

IVH Staff Spotlight *by Larry Lemker*

Vicky Grossman graduated from Marshalltown High School in 1976, and was married that same year to her husband, Mark. They have two sons, Ryan and Kyle, who both reside and work in Marshalltown.

Vicky began her career at the Iowa Veterans Home in 1983, working on Dack 4, Sheeler 3W and Loftus 1. In 1989 she moved to a position where she split time working at the Switchboard and in the Print Shop. In 1990 she became the Reproduction Equipment Operator 2 Lead Worker in the Print Shop, a position she held for 14 years. On August 13, 2004 she left the Print Shop to become part of the Rehabilitation Services Department as an Activities Assistant in the Ceramics workshop. Due to numerous Activity Centers staff retirements in June 2010, she now also works with residents in the Arts & Crafts Workshop.

Vicky feels lucky to have the privilege of working with residents in the workshops, and desired to work in activities in order to have that opportunity. She enjoys talking to the residents, and listening to them tell their stories during their class times.

In her spare time, Vicky enjoys singing with the Sweet Adelines, flying radio controlled airplanes, fishing and gardening. She only wishes she had more time to do all of them.

